

Date _____

Patient ID # _____

PATIENT HEALTH PROFILE

Patient's Name _____ Date of Birth _____

Spouse's Name or Parent's Name (if minor) _____

Reason for today's Visit: _____

Past Medical History:

Past Surgeries & approximate date _____

Past Hospitalization & approximate date _____

Major Medical Problems _____

Immunizations: Tetanus (Last given) _____

If over age 50: Last Colonoscopy _____

Pneumonia Shot _____

MALES: Last PSA Test _____

Shingles Vaccine _____

Social History:

Marital Status: Single _____ Married _____ Widowed _____ Divorced _____ Life Partner _____ Significant Other _____

Do you have children? If so, Please list: Birth year, Sex, any Health Problems.

Occupation _____ Full Time _____ Part Time _____ Retired _____

Do you Exercise? _____ Amount per wk _____ Type _____

Smoking: Current every day _____ Current some day _____ Amount per day _____ Former/Yr Quit _____ Never _____

Alcohol: Never _____ Occasional _____ Moderately _____ Daily _____ Amount per day/wk _____ If stopped, year _____

Recreational Drugs: Never _____ Yes _____ Type/Frequency _____ Previously, but quit/yr _____

Family History: *Please indicate which family member has the health problem.*

High Blood Pressure _____

High Cholesterol _____

Coronary Heart Disease _____

Diabetes _____

Breast Cancer _____

Colon Cancer _____

Prostate Cancer _____

Alcoholism _____

Mental Illness _____

Father: Alive/Birth yr _____ Passed/yr _____ Medical Problems _____

Mother: Alive/Birth yr _____ Passed/yr _____ Medical Problems _____

Brothers: How many _____ Medical Problems _____

Sisters: How many _____ Medical Problems _____

Other:

Allergies (Medications, food or other): _____

Medications (Name, strength, dose): _____

Please Bring your Medication with you if this is easier

Females Only:

Last Mammogram _____ Normal _____ Abnormal _____ Last PAP _____ Normal _____ Abnormal _____
Age of 1st Menstrual Period _____ Date of Last Period _____ Number of Pregnancies _____
Any Miscarriages _____ Birth control? _____ Type _____ Menopausal _____

Please circle any health conditions you have had or are currently having:

- | | | |
|------------------------------------|--------------------------------|--------------------------------|
| Weight loss/Weight gain | Varicose veins | heat intolerance |
| Anxiety | | increased hair loss |
| Headaches | Wheezing | thyroid disease |
| Depression | Asthma | joint pain/swelling |
| Seizures | prolonged cough | muscle weakness |
| Stroke | cough with exercise | morning stiffness |
| Tingling Location | emphysema/COPD | |
| Tremors | shortness of breath | constipation |
| Memory Loss | Pneumonia | diarrhea |
| Fainting spells/dizziness | Bronchitis | gallstones |
| Head Injury | | heartburn day/night |
| Localized weakness/numbness | Acne | problems swallowing |
| | hives | hemorrhoids |
| Hay fever | dry skin | blood in stool |
| Allergies | Rashes | |
| Hoarseness | Psoriasis | <u>MALES ONLY:</u> |
| Double Vision | lumps | hernia |
| Eye Problems | nail problems | penile discharge |
| Ear infections | moles-irregular | lump on testicle |
| Glasses/contacts | moles-changed or new | unable to complete intercourse |
| Hearing Loss | skin tags | problems maintaining or |
| Frequent nose bleeds | | keeping an erection |
| Ringing in ears | Problems urinating | prostate disease |
| Sinus infections | dribbling after urination | decreased urine stream |
| Swollen Glands | painful urination | |
| | excessive thirst | <u>FEMALES ONLY:</u> |
| Chest pain | involuntary | hot flashes |
| Heart Murmurs | urination/incontinence | D & C |
| Leg cramps while walking | weak flow | bleeding between cycles |
| Ankle swelling | Urinating frequently day/night | abnormal pap smears |
| Awakening at night short of breath | Kidney disease | bleeding after intercourse |
| Cold hands/feet | frequent bladder infections | PMS |
| Heart attacks | painful intercourse | heavy bleeding during cycles |
| Heart Failure | sexually transmitted diseases | discharge from breasts |
| High/low Blood pressure | diabetes | pelvic inflammatory disease |
| Irregular heart rate | abnormal body hair | vaginal discharge |
| Palpitations | cold intolerance | vaginal dryness |

Doctors that you Regularly Consult:

Name: _____ Reason _____ Phone _____
Name: _____ Reason _____ Phone _____
Name: _____ Reason _____ Phone _____
Name: _____ Reason _____ Phone _____